	acey ardens	Autumn 2024 Menu				
	ior Academy	Monday	Tuesday	Wednesday	Thursday	Friday
Week One WC 2nd September 2024 & 23rd September 2024	Main Meal	Pork Sausage Roll, served with Wedges	Pasta Bolognese with Garlic Bread	Roast Gammon Dinner with Roast Potatoes and Gravy	Bacon & Cheese Turnover served with Herby Diced Potatoes	Fish Fingers served with Chi
	Vegetarian Meal	Vegan Sausage Roll, served with Wedges	Tomato & Basil Pasta with Garlic Bread	Vegan Quorn Fillet with Roast Potatoes & Gravy	Southern Style Quorn Burger and Herby Diced Potatoes	Vegan Nuggets served with Chips
	Vegetables	Carrots & Swede	Cauliflower & Broccoli	Medley of Seasonal Vegetables	Carrots & Swede	Mushy Peas Or Baked Beans
	Carb	Potato Wedges	Garlic Bread	Roast Potatoes	Herby Diced Potatoes	Chips
	Dessert	Ice Cream with Berries or Fruit Pot	Double Chocolate Brownie or Fruit Pot	Strawberry Delight Mousse or Fruit Pot	Shortbread Biscuit or Fruit Pot	Fruit Jelly & Ice Cream or Fruit Pot
Week Two WC 9th September 2024 & 30th September 2024	Main Meal	Barbecue Chicken Pizza	Sausage and Mash with Gravy	Roast Beef & Yorkshire Pudding, served with Roast Potatoes and Gravy	Chicken Curry with Rice and Naan Bread	Battered Fish, Served with Chips & a slice of Lemon
	Vegetarian Meal	Cheese & Tomato Pizza	Vegan Sausage and Mash with Gravy	Vegan Quorn Fillet with Roast Potatoes & Gravy	Vegetable Curry with Rice and Naan Bread	Cheesy Quorn Quesadill
	Vegetables	Peas & Cauliflower	Broccoli & Carrots	Medley of Seasonal Vegetables	Carrots & Green Beans	Garden Peas Or Baked Bea
	Carb	Seasoned Wedges	Mashed Potatoes	Roast Potatoes	Rice & Naan Bread	Chips
	Dessert	Ice Cream Sponge Roll or Fruit Pot	Apple Sponge or Fruit Pot	Chocolate Sponge and Chocolate Sauce or Fruit Pot	Fruit Jelly or Fruit Pot	Chocolate Chip Cookie o Fruit Pot
Week Three VC 16th September 2024 & 7th October 2024	Main Meal	Pepperoni, Cheese & Tomato Pizza served with Crispy Diced Potatoes	Beef Lasagne with Garlic Bread	Roast Chicken & Stuffing with Mashed Potatoes and Gravy	Cornflake Chicken with Barbecue sauce and Seasoned Wedges	Lincolnshire Fish Cake sen with Chips
	Vegetarian Meal	Meatless Meat Ball Sloppy Joe & Crispy Diced Potatoes	Macaroni Cheese with Garlic Bread	Vegan Quorn Fillet with Mashed Potatoes & Gravy	Smoky Bean Stew with Rice	Veggie Fingers served with
	Vegetables	Green Beans & Carrots	Broccoli & Cauliflower	Medley of Seasonal Vegetables	Sweetcorn & Salad	Garden Peas Or Baked Be
	Carb	Crispy Diced Potatoes	Garlic Bread	Roasted Baby Potatoes	Seasoned Wedges	Chips
	Dessert	Chocolate Delight Mousse or Fruit Pot	Strawberry Swirl Biscuit or Fruit Pot	Cheesecake or Fruit Pot	Iced Vanilla Sponge or Fruit Pot	Golden Syrup Flapjack o Fruit Pot
Available Daily: • Freshly baked jacket potatoes with a choice of fillings • Salad selection • Whole fresh fruit • Yoghurts		Allergies:		If you would like to know about particular allergens in food, please ask a member of the catering staff.		